

RACIAL HEALTH EQUITY IN SOCIAL CARE

2022 National Research Meeting

An institutional, community-connected approach to population health equity

Day 1: An institutional, community-connected approach to population health equity



Andrew Beck



Carley Riley



Alicia Bond-Lewis



Robert Kahn



Ndidi Unaka

Agreements for a safe and brave meeting

Practice active, judgement-free, and empathetic listening

Respect each other's differences and backgrounds

Agree to disagree – but seek understanding.
We are here to learn!

Honor the difference between unsafe and uncomfortable

Be curious about intentions but recognize that impact is more important than intentions

Welcome being called in as a gift and an invitation to learn

Be mindful of positionality and power dynamics

Acknowledge
judgments and
assumptions
(including our own –
we all have biases)

Use inclusive language and avoid using derogatory or stigmatizing language

Release control, privilege, and notions of being right

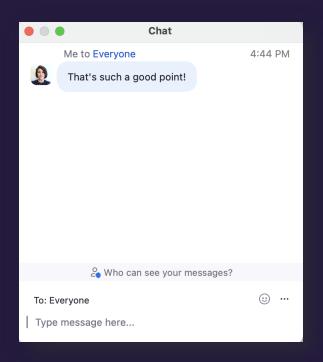
Accept that things may remain unresolved; we might not feel a sense of closure



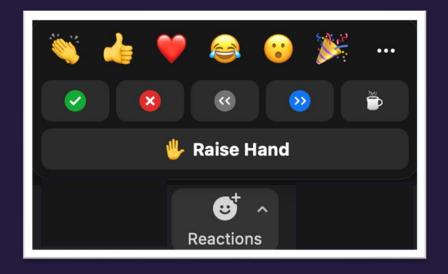
Reminder: This session is being recorded. Recordings and slides will be available after the meeting.

3 Ways to Engage in the Room

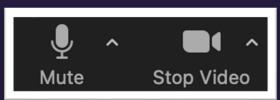
1. Chat Window



2. Emoji Reactions



3. Audio and Video (We encourage you to keep your camera on during the session)



...and on Twitter!

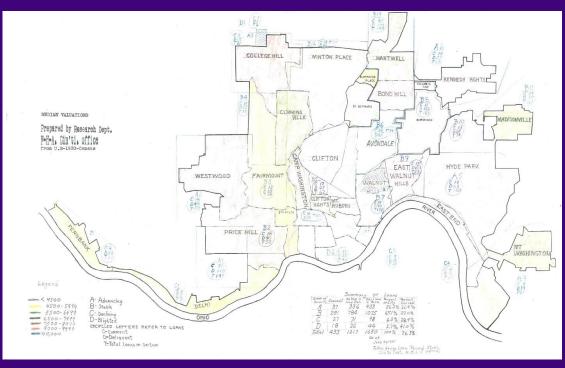


Outline

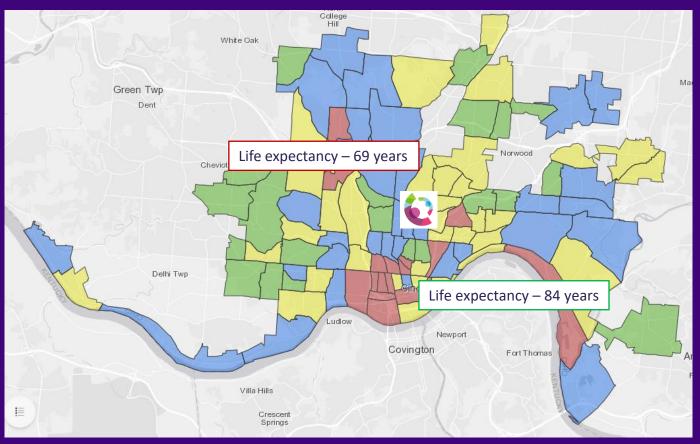
- Building an institutional approach to health equity
- Population health capabilities inside the hospital
- Co-production with families, community partners
- Multi-sector community transformation
- Discussion



Equity Minute



https://dsl.richmond.edu/panorama/redlining/#loc=5/39.1/-94.58



https://storymaps.arcgis.com/stories/d76e295c27bc45deba50273ac 9fc06fd



Building an institutional approach to health equity

Cincinnati Children's | 2020 Strategic Plan



• Deliver exceptional, safe, and affordable care for every child and every family, every day



 Help Cincinnati's kids to be the healthiest in the nation through strong community partnerships



 Transform child health with our collaborative culture of discovery, translation and learning



 Improve the lives of children everywhere by creating deeper connections with families, care providers and organizations



 Realize our full potential by engaging, inspiring and enabling all employees to make a difference

CCHMC and the pursuit of equity



Data & Analytics		
Improvement Science		
Activation & Co-production		
Distributed Leadership		
Aligned finances		

Between now and our 150th birthday in 2033, we will pursue our potential together so all kids can pursue theirs

Enduring

Our

Vision

Mission

Values

and

commitment to Safety

remain our foundation.

Aspirations

By 2033



Best-in-class personalized care, outcomes, experiences, and value



Healthiest kids in the nation



The power of discovery for mental health and more



Model employer for extraordinary people

Themes

Next 5 years

Deliver world-class pediatric quaternary care

Be a visionary leader in pediatric population health

Digitally transform our organization

Drive excellent and equitable health outcomes

Promote safe and supported families

Ensure every child has a path to full potential

Be the national leader for evidence-based mental health screening

Make a transformational investment to establish a premier research program in mental illness

Make a transformational investment in at least one other program to cure childhood disease

Champion our culture practices and mindsets

Elevate our people with best practice talent processes

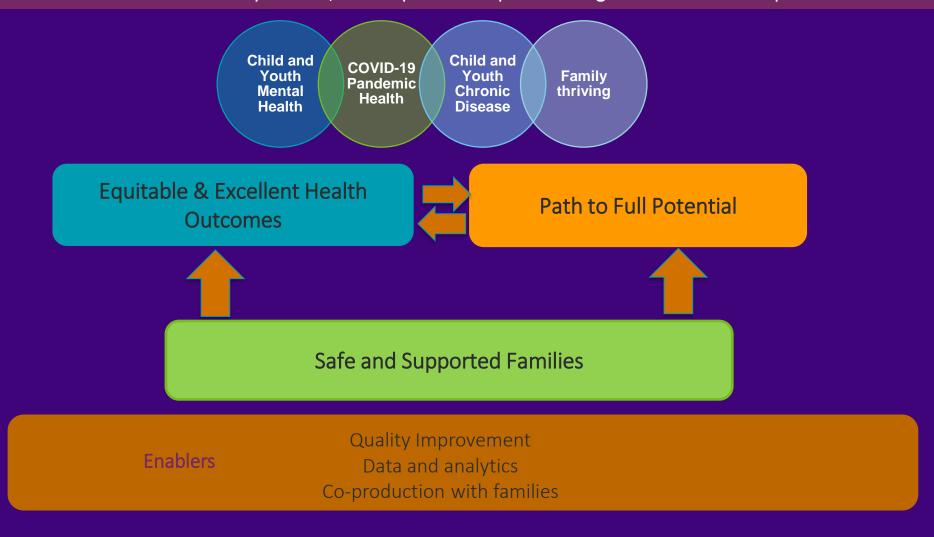
Continue to evolve our Culture

https://inspire.cincinnatichildren.org/august-2020/pursuing-our-potential-together-copy/



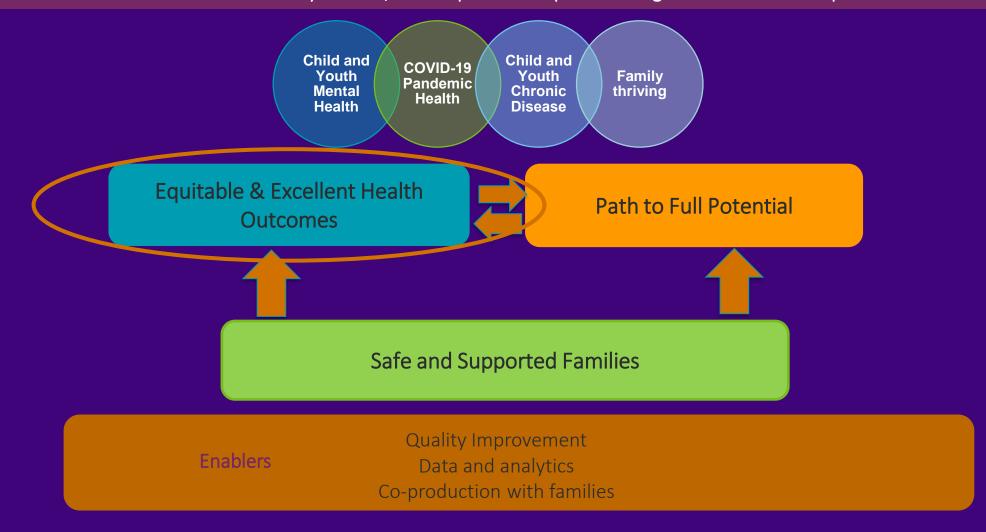


Between now and our 150th birthday in 2033, we will pursue our potential together so all kids can pursue theirs



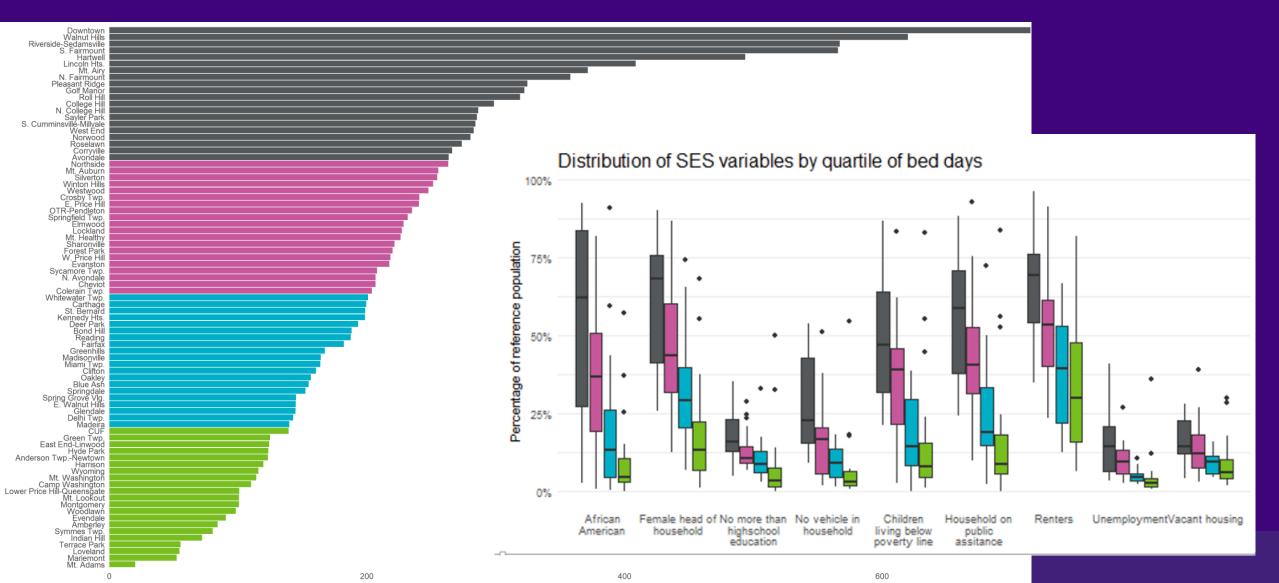
Population health capabilities inside the hospital

Between now and our 150th birthday in 2033, we will pursue our potential together so all kids can pursue theirs

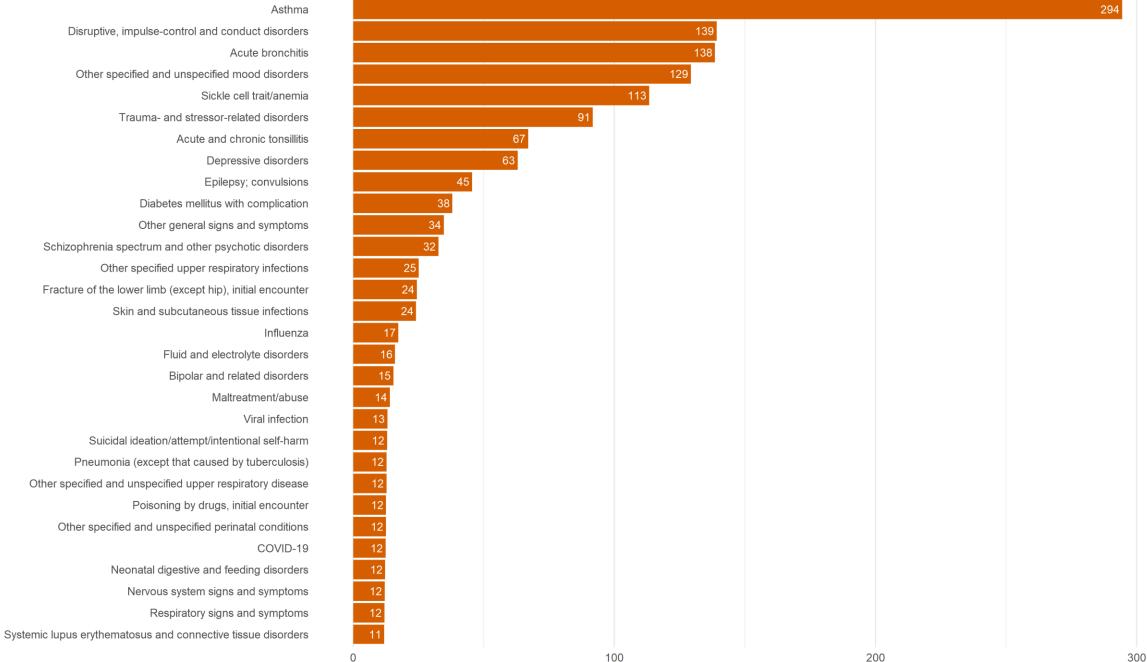




Legacy of redlining & health outcomes



Number of fewer admissions per year if Black kids in Southwestern Ohio had the same rate of admission per population as Non-Black kids



Top 30 conditions with excess admissions by primary diagnosis for 2017-2021

Developing aims and theory

Global Aim

Zero gaps in child health outcomes by race and socioeconomic status

SMART Aims

- (1)To decrease gap in total hospitalizations by race (Black and non-Black) by 10% (from 483.6 to 435.2 per 100,000) by 12/2022
- (2)To decrease total hospitalizations from 313.9 to 309.6 per 100,000 by 12/2022
- (3)All HEN Teams with at least modest outcome improvement (Level ≥ 6 on CCHMC Improvement Scale) by 12/2022

Population

Youth < 20 years old in Greater Cincinnati (8-County SW Ohio) N ~ 500,000

Right care, right time, right place, right way

(Nimble system, equitable access to appointments, medications, supports)

Enhance the positive and address the negative social determinants of health

(e.g., food and housing insecurity, transportation, financial strain, education, caregiver mental health)

Effective and seamless connections across the health system and between health and community systems

(Care team, patients/families, schools, community resources)

Trusted relationships and supportive partnerships enabling impactful collaborations for ALL - Care team members, patients, families, and community partners

("All feel welcome and heard")

Activated, accountable, aligned Leadership

(C-Suite, Division Directors, Medical Directors, Fisher Center, HealthVine, Community Health, HEN leaders)

Fortified learning network model

(Resourced teams pursuing data-driven, shared solutions)

Health Equity Network (HEN):
Joint effort between CCHMC's
Community Health Initiative &
HealthVine (Medicaid ACO) to
use learning network structure
to accelerate improvement

4 Participating Teams CY22

- ☐ Adolescent Medicine (Emmanuel Chandler, MD)
- ☐ Endocrinology (Nana-Hawa Yayah Jones, MD)
- ☐ Asthma/Pulmonology (Karen McDowell, MD)
- ☐ Neonatology (Nagendra Monangi, MD, Emily Miller, MD)

HEN Values

Focus on Outcomes

Strive for Equity

Embrace Uncertainty

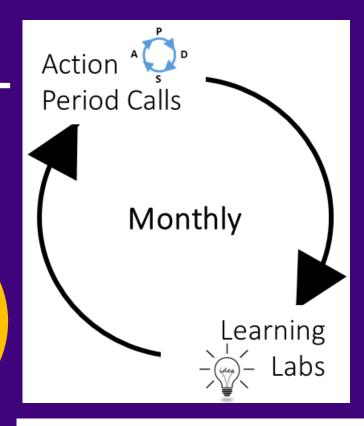
Be Curious, Be Humble – We All Teach, We All Learn



HEN improvement strategies

Shared learnings, successes, challenges

Coordinating efforts
with Leadership
Academy (QI capability
building), Outcomes
that Matter (KPIs),
community supports
(school systems, legal
advocacy)



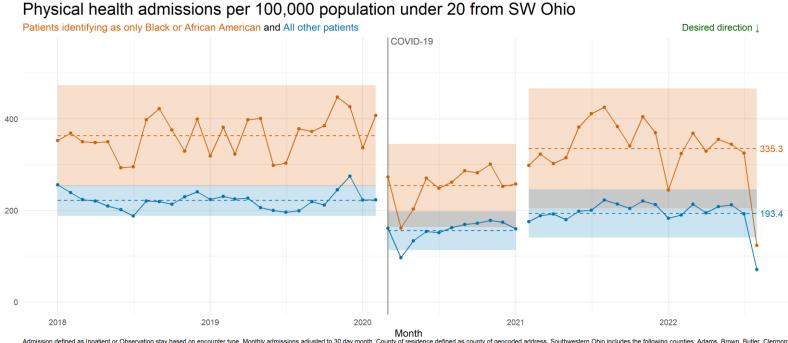
All Teach, All Learn Model

Focus on common drivers, accelerate testing

Learning Lab Topics:

- Social needs screening
- Legal Aid
- Anti-racist care
- Using process measures
- Co-production

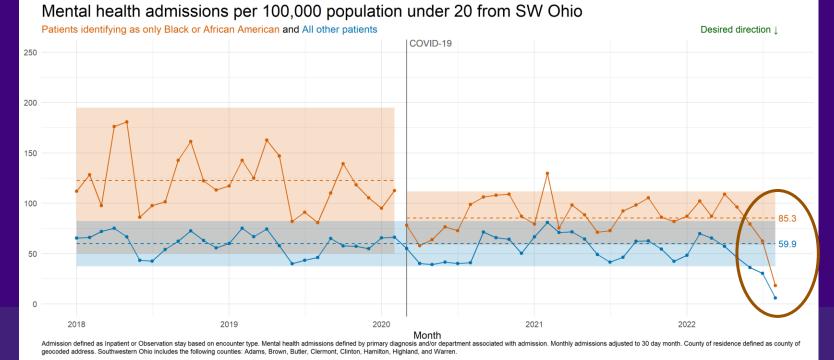
Learning Network structure overcomes siloes, uncoordinated, misaligned work Enablers – QI, data/analytics, project management, community engagement, and subject matter consultation and assistance



New baselines in physical health admission rates (top) amid ongoing phases of the pandemic

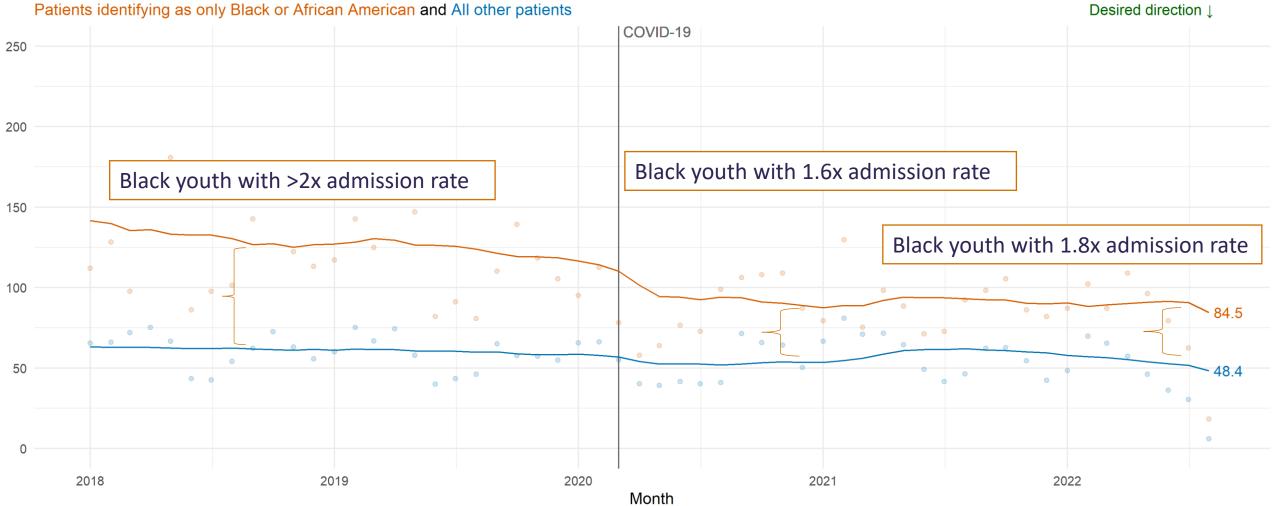
Admission defined as Inpatient or Observation stay based on encounter type. Monthly admissions adjusted to 30 day month. County of residence defined as county of geocoded address. Southwestern Ohio includes the following counties: Adams, Brown, Butler, Clermont, Clinton, Hamilton, Highland, and Warren.

Early evidence of decreases in mental health admission rates (bottom)



Social Interventions Research & Evaluation Network

Mental health admissions per 100,000 population under 20 from SW Ohio, 12 month moving average



Admission defined as Inpatient or Observation stay based on encounter type. Mental health admissions defined by primary diagnosis and/or department associated with admission. Monthly admissions adjusted to 30 day month. County of residence defined as county of geocoded address. Southwestern Ohio includes the following counties: Adams, Brown, Butler, Clermont, Clinton, Hamilton, Highland, and Warren.

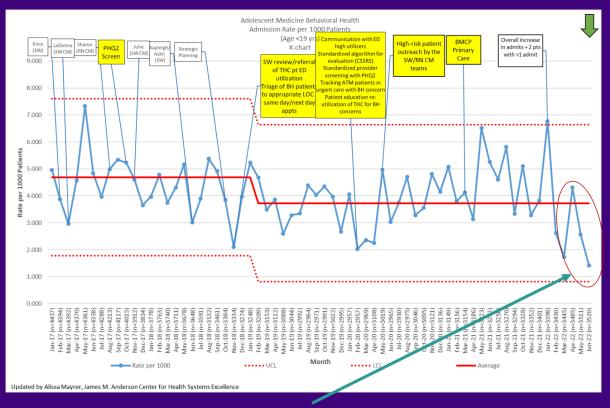
Team highlights

- Adolescent Medicine
 - Preventive behavioral health visits
 - Legal Aid referrals addressing housing, educational needs, etc.
- Asthma
 - Building Asthma Learning Health System
 - Updating referral process for housing supports

- Endocrinology
 - Diabetes-focused community health workers
 - Equitable deployment of diabetes technologies
- Neonatology
 - Aligning data across two systems (adult and children's hospitals)
 - Bolstered focus on breastfeeding

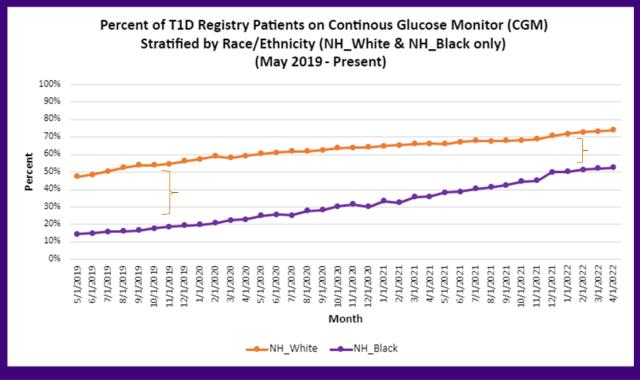


Team highlights



Early evidence of decrease in admissions among youth in Teen Health Center (c/o Dr. Emmanuel Chandler)

Increase in equitable use of CGM among youth with Type 1 Diabetes (c/o Dr. Nana Jones)

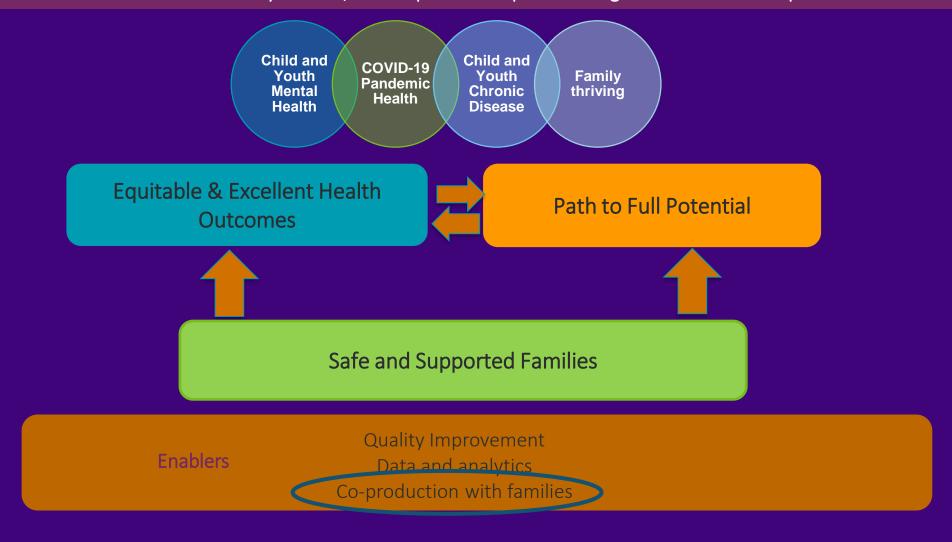


HEN Look Forward

- Promote connections across the health system and with community systems (e.g., schools, social service agencies, city government)
- Build out population health dashboard (key equity indicators)
- Add ~5 additional HEN teams (ramp up Fall, formal entry January 2023)
- Navigate tension between:
 - Patience (challenges generations in the making)
 - Urgency to act (and to achieve)
- Meaningfully connect with patients, parents, families (co-production)

Co-production with families, community partners

Between now and our 150th birthday in 2033, we will pursue our potential together so all kids can pursue theirs



Co-production | Embedded in the Mission

Our mission is to bring community members

children, families, community and civic leaders, educators, social service providers, faith leaders, health care providers, researchers and others – together

to collaborate, learn, formulate and answer questions, encourage discovery and implement findings to co-create an environment where children thrive.

Co-production | A Way of Doing

Co-production is an approach where families, patients, partners, providers, and community members work together, sharing influence, skills, and experience to design, own, and analyze outcomes and solutions.

If we want to achieve equity in health outcomes and communities, we must include those historically excluded from resources and decision-making processes. When we co-produce, we address issues and design solutions inclusively and collaboratively.

Co-production | Essential for Equity

The status quo practice of current systems that have been **historically designed to exclude** certain populations, namely low-income communities, communities of color, women, youth, previously incarcerated people, and queer or gender nonconforming community members. **This** understanding is important because if concerted efforts are not made to break down existing barriers to participation, then by default marginalization occurs.

- Rosa González, Facilitating Power

Seven Core Practices for the Pursuit of Equity through a Learning Health System

Establish principle. Position equity as an essential focus of the learning health system

Measure for equity. Track data that matter to drive and sustain success

Lead from lived experience. Ensure people with lived experience are leading the work

Co-produce. Design, create, learn, act, and sustain together

Redistribute power. Reallocate power and leadership across the system

Practice a growth mindset. Cultivate an environment and expectation for growth

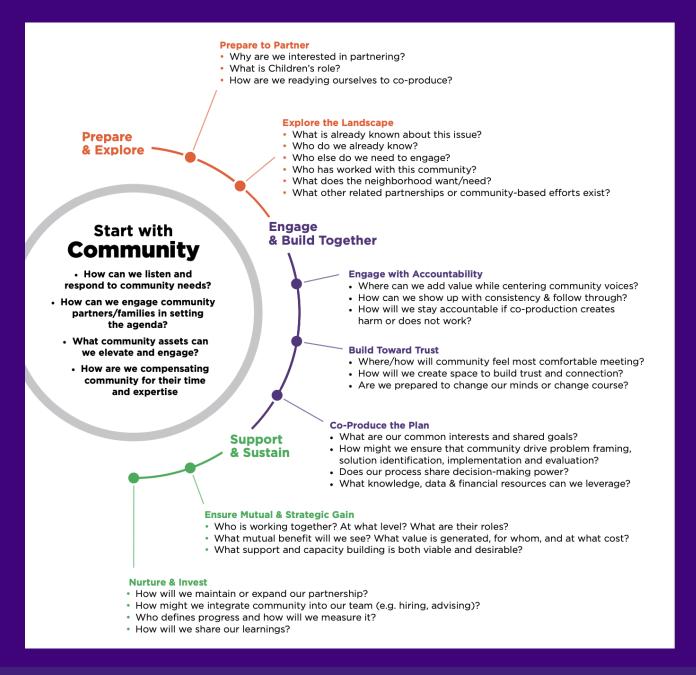
Engage beyond the healthcare system. Catalyze change across systems that produce health

Parsons A, Stewart C, Unaka NI, Foster J, Perez V, Yayah Jones NH, Kahn R, Beck AF, **Riley C**. Pursuing equity within learning health systems: Notes from the field. *Learn Health Sys.* 2021; 5(3):e10279.



Co-production

A Journey to Take Together



Equity in Co-production

A Guidebook with Tools & Measures



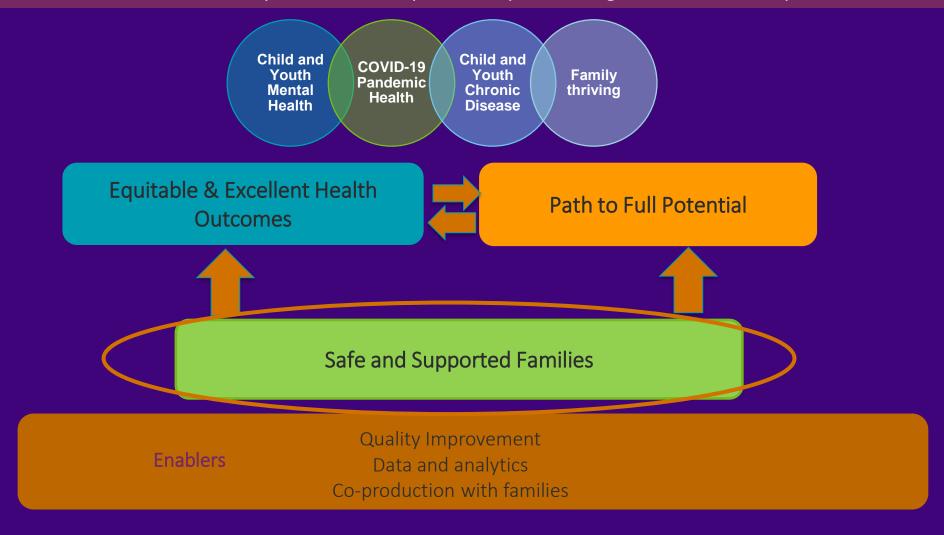
EQUITY IN CO-PRODUCTION:

A guidebook for learning, reflection and action.

Riley C et al. Equity in co-production: A guidebook for learning, reflection, and action. 2021.

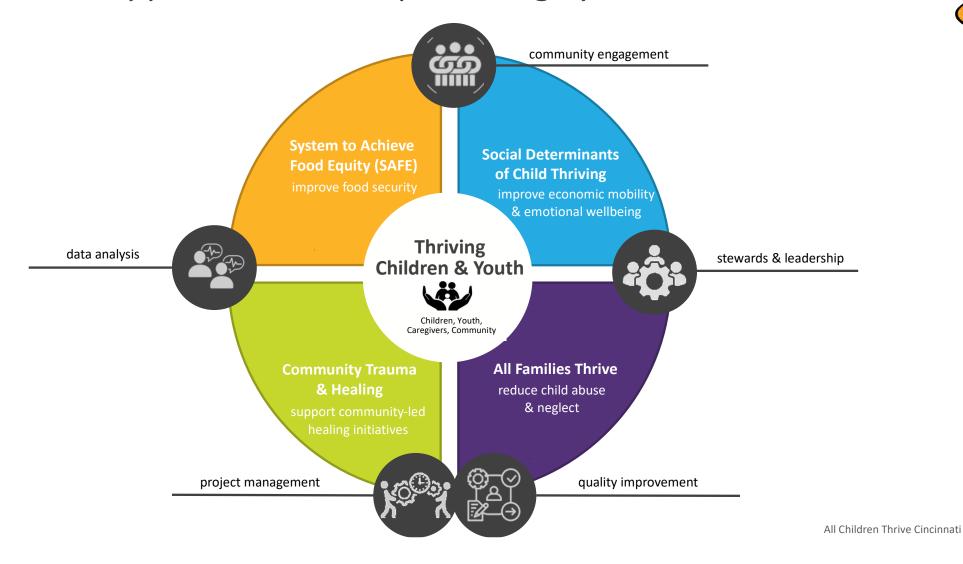


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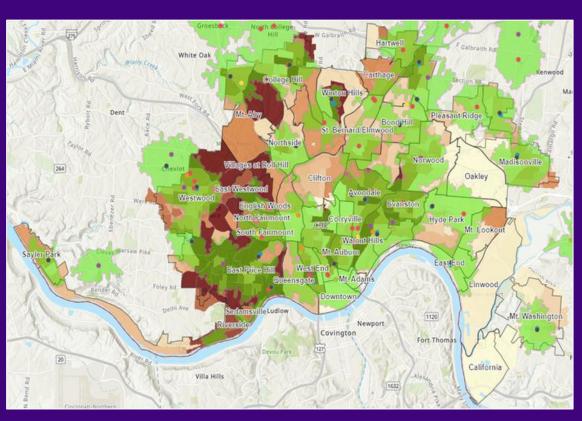


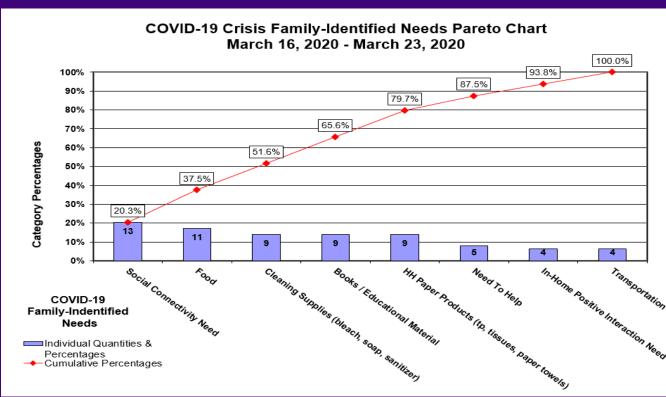
Safe & Supported Families | Learning System





Food Equity | Seeing & Hearing





Food Equity | Emerging Learning Network



Our True North



All 66,000 children in Cincinnati have the food that they need to grow, develop, learn, and thrive.



Food Equity | Shared Aims & Theory of Action Family & Community Led Design as Essential

Improve food security* for children and families by 10% across three pilot neighborhoods by September 30, 2022.

Family and community led design

Food system leadership engaged in collaborative culture

Flexible and seamless system working together

Families have choice and access to sufficient local nutritious food

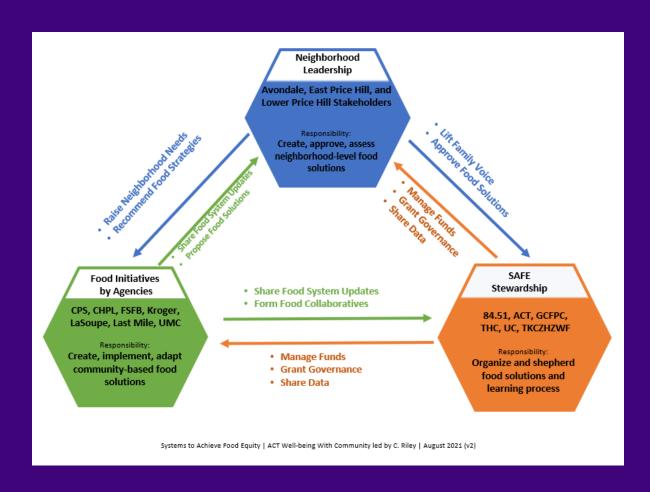
Empathic public narrative and kind response to families' circumstance

Continuous and reliable data to drive learning and action

Honoring neighborhood context and built- environment

Family-centered policies and procedures that improve food access

Distributing Leadership & Reallocating Power





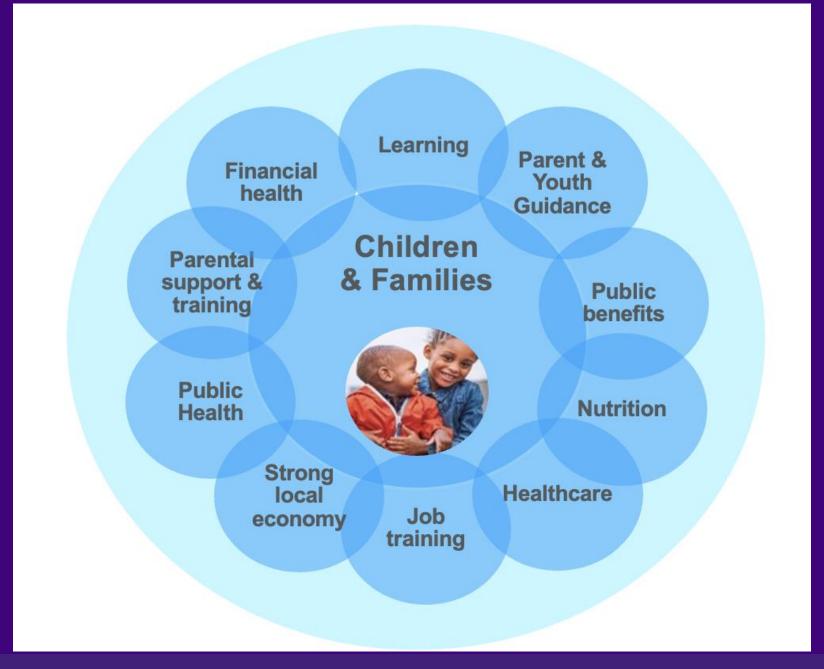


Shared aims,
democratized data,
co-production,
distributed leadership,
shared power, and
systems thinking
can lead to
catalytic change and
real transformation.

SAFE Summit 2022 | Summary of Recommendations

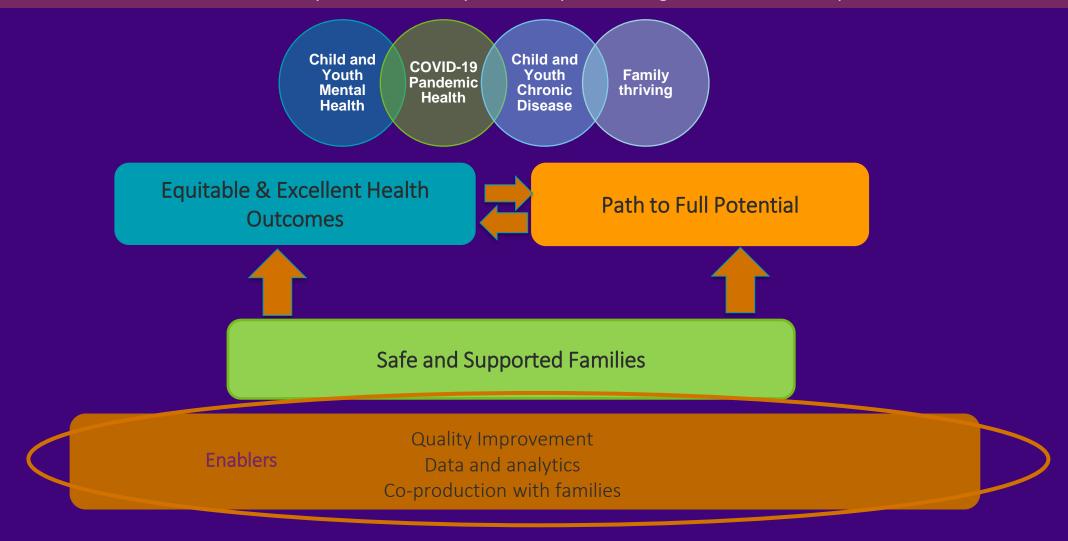
For now, the SAFE Network will maintain focus on the 3 currently engaged neighborhoods in order to solidify our approach and essential infrastructure and to enable us to expand our efforts related to nutrition quality, root causes of nutrition inequity, and policy. We will plan to scale when ready (e.g., data infrastructure fully established, funding sufficient). We will:

- Share learnings from this past year in a SAFE Network report and playbook to be disseminated both internally and externally
- Continue learning through on-going support of community-led and owned interventions (e.g., Neighborhood Leadership, Shark Tank initiatives)
- Support execution of the planning grant from Feeding America focused on networked strategies to improve local access to food
- Co-develop a longer-term strategy for the SAFE Network, including communications and funding plans, for addressing food equity based on learnings
- Establish clarity for SAFE network roles and responsibilities through a charter process
- Standardize data management and gain alignment on data governance with all SAFE partners
- Identify and advocate for strategic policy priorities, starting with a focus on one key policy

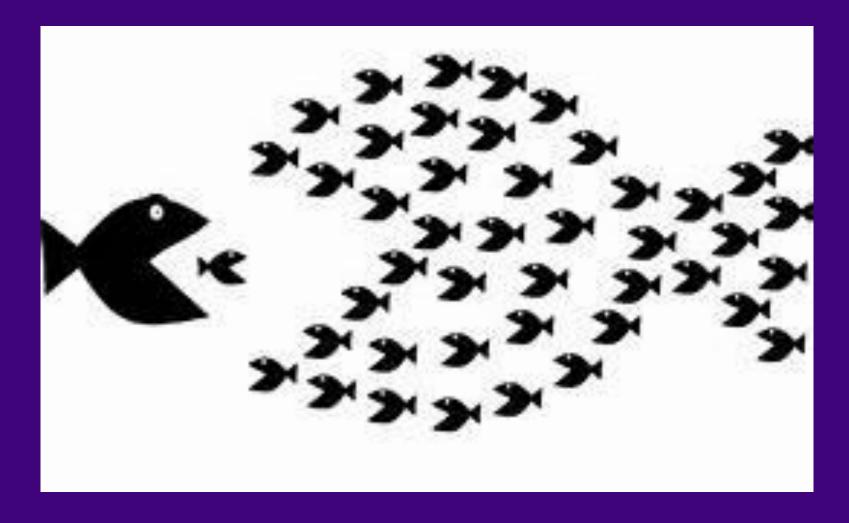


Multi-sector community transformation

Between now and our 150th birthday in 2033, we will pursue our potential together so all kids can pursue theirs



External Alignment



Beech Acres Parenting Center









United Way of Greater Cincinnati Moira Weir



Kroger/84.51°

Milen Mahadevan



Cincinnati Public

Schools

Iranetta Wright



OMMUNTY TABLE

2022-23



Greater Cincinnati Foundation Ellen Katz





University of Cincinnati Bleuzette Marshall



Cincinnati USA **Regional Chamber** Jill Meyer





Cincinnati Works Tianay Amat



Cincinnati Children's Hospital Medical Center Steve Davis



Youth Representative and UC Student Raven Lvons



Hamilton County Job and Family Services Michael Patton



Hamilton County Job and Family Services Margie Weaver



Cincinnati Health **Department** Grant Mussman



Executive Director Alicia Bond-Lewis



de Facto Chair Michael Fisher

Shared Theory of Action

All Children Thriving **Economic mobility**

Emotional well-being

Educational success

Equitable health

Basic Needs Met

Humane Housing

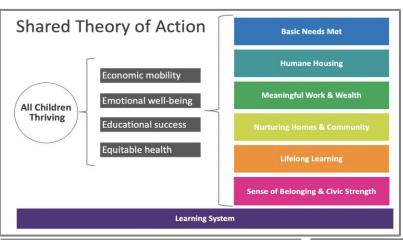
Meaningful Work & Wealth

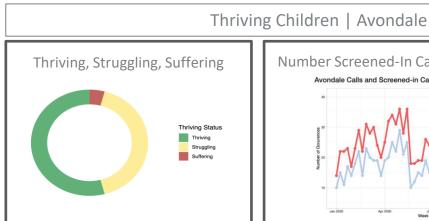
Nurturing Homes & Community

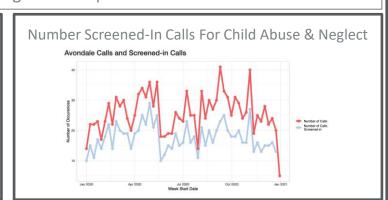
Lifelong Learning

Sense of Belonging & Civic Strength

Together we will ensure Greater Cincinnati is a place where all children can thrive.







Guiding Principles

Elevate an unassailable goal focused on excellent & equitable outcomes for children

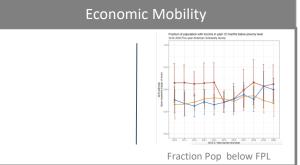
Commit to a portfolio of work that we develop and share with families

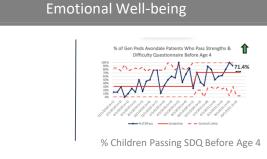
Manifest diversity across our teams, amplifying voices of those with lived experience

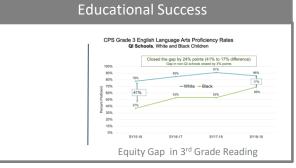
Use rigorous improvement science with continuous testing and rapid learning

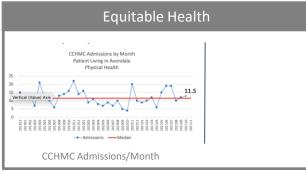
Cultivate trustworthiness and robust, transparent communication

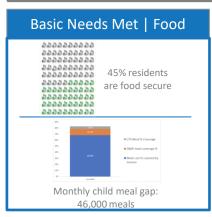
Achieve scale by addressing foundational causes including racism

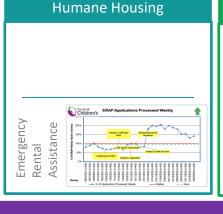




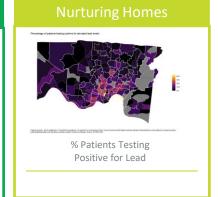








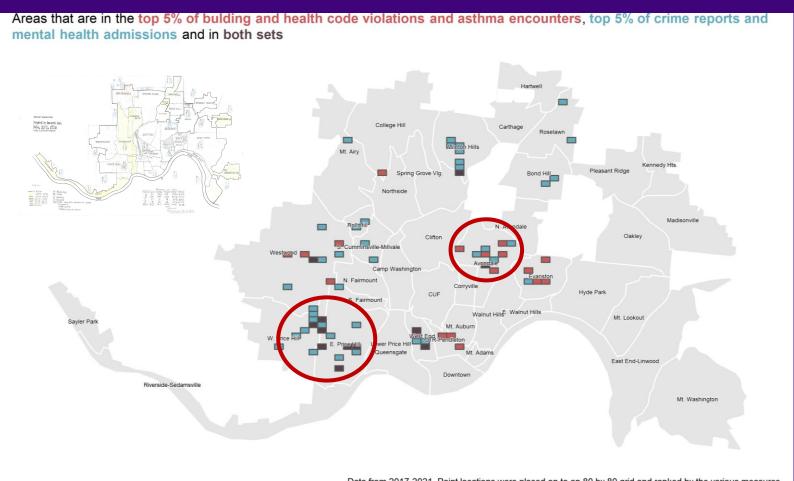




Lifelong Learning

Belonging & Civic Strength

Alignment across city, across sectors



Cincinnati Creating Cabinet To Combat Issues Affecting Children And Families

91.7 WVXU | By Tana Weingartner







Discussion

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